

Mineral healing in Iranian-Islamic medicine: A review study

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Abstract:

Background and purpose: Pharmacy is one of the oldest knowledge in the history of human sciences and civilization because of the necessity of it for mankind. The manufacturing and combination of drugs requires the recognition of pharmaceutical substances. Among the drugs with plant, animal and mineral origin, stones also have medicinal and therapeutic effects.

Methods and Materials: This research has been conducted in a descriptive-analytical manner relying on the early medical texts (*Ferdos al-Hekmah*, *Al-Hawi*, *Al-Qanoun*, *Al-Tasrif*, *Zakhireh*); first, the introduction of independent texts on minerals and stones; decorative and non-stick jewels and stones are mentioned in medical treatment and their function as a drug in medical and pharmaceutical works.

Results Studies have shown that stones have been prescribed as drugs in the treatment of various types of physical illnesses, mental disorders, and even skin diseases. The use of stones and jewels in the form of single-drug, manufacturing of compound drugs, and the combination of potions and tablets has been reported. In some cases, doctors advised the patient to take the stones and carry it to prevent and treat some diseases.

Conclusion: Stone therapy has been the focus of recent studies. Considering the medicinal function of stones in the history of medicine and pharmacy, the experiences and opinions of Muslim scholars in this field can be used. However, the pharmaceutical application of stones and minerals will require new scientific studies and experimental evaluations.

Keywords: Stone Therapy, Mineralogy Knowledge, Medical Texts

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