

## Medicinal Properties of Precious Stones Reflected in Ancient Medical and Literary Texts

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### Abstract:

**Background and Purpose:** The Primitive man Used different methods in order to survive and avoid pests and diseases and disasters. One of these methods is the use of precious stones in addition to therapeutic properties have ornamental value and in this article was conducted to investigate and introduce some of these stones the health benefits of medical texts and ancient literature in Iran.

**Methods and Materials:** The study is library study in this regard, studied a number of texts of traditional medicine and the ancient literary texts especially poets of Persian literature about 10gemstone and the characteristics belong to each stone was classified and the views of different authors were compared.

**Conclusion:** It seems that some of these stones have therapeutic properties or at least useful in terms of psychological, so recommended experimental study them.

**Keywords:** precious stones, medical texts, prevention, treatment, Persian poetry.

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