

A review roll of nutrition in female infertility in Iranian medicine

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Abstract:

Background and Purpose: Due to prevalence and rasing trend of female infertility and the importance of etiology studies, especially the effect of inter vention on its status, there are some question in Iranian medicine: what are infertility reasons? What are Traditional medicine advices for fighting against (coping with) etiology, espesially with the help of food and nutrition field? This research was done to answer these questions.

Methods and Materials: This research was done by libraries procedure so with referring to Iranian medicine books and authentic books about infertility reasons and the food (trophic) advices for coping with that, it was studied and reported, and also, these questions were studied in new medicine.

Conclusion: Because the new medicine didn't have success about infertility reasons and also due to the side effects and the success rate of new medicine. It is essential to use Iranian medicine advices to be used to determine infertility reasons and solve its problems.

Keywords: Infertility, Infertility reasons, Iranian medicine, nutrition.

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