

Panirak

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Abstract:

Panirak is an annual or perennial herb from the family Malvaceae. In Iranian traditional medicine (ITM), it is mentioned by entry of Khobbazi. Other names mentioned for it in ITM are Malukhia, Malukhie and Malukie. It has cold and moist temperament and is laxative, diuretic, opener of constrictions, and galactagogue. Its seed due to high content of mucilage is appropriate for dry cough, hoarseness and peptic ulcer. Evaluations demonstrate that Panirak is similar to Khobbazi barri saghir and the mentioned botanical descriptions for it in traditional medicine literatures is corresponding to two *Malva* species including *Malva sylvestris* L. with Persian name of “Panirak Pa boland” and *Malva neglecta* Wallr. with Persian name of “Panirak Ravandeh”.

Keywords: Panirak, Khobbazi, Malukhia, Malukie, Malukhie, *Malva sylvestris*, *Malva neglecta*.

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