



Oral lithotripters in Traditional Iranian Medicine

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Abstract:

Background and Purpose: Introduction: Based on historical evidence, kidney stones has long been a case of humans, and Iranian traditional physicians have been used various methods to treat it. In their reputable books, independent chapter are dedicated to kidney stones. Some of these books are from more than a thousand years and contain most of the etiology, symptoms and treatment of kidney stones. This study was conducted to answer the question of whether today's practicing traditional methods can be more effective, more efficient and cheaper to treat some of the stones, or not?

Materials & Methods: This research is a qualitative study. We used five accredit books of Iranian Traditional Medicine as resources. The books in the ninth century, tenth, and eleventh been compiled. All related contents to the treatment of kidney stones has been analyzed and then classified (formulated).

Results: The five Iranian wise believe that some oral drugs are absorbed through the systemic circulation and entered kidneys and affects kidney, resolved its stones. They called these drugs "Mofattet", means lithotripters. They are different in nature and have three sources of mineral, vegetable and animal.

Conclusion: Based on historical evidence, in writing, some of oral medications can be effective on kidney stones and solve them. The five Iranian sage several medications have been introduced by this feature. Since much of their own time, and also the fact that they lived in different centuries, should be give attention to them. Given the high prevalence of kidney stones in human societies is proposed to design clinical trials to evaluate the efficacy of some drugs that have been happening to them, carefully.

Keywords: kidney stones, Traditional Iranian Medicine, lithotripters.

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