

## Medicinal herbs are effective in the treatment of kidney and urinary tract diseases from the viewpoints Islamic medicine

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## **Abstract:**

**Background and Purpose:** By investigation the medical traditions infallible Imam, healing herbs is recommended for the prevention and treatment. Using herbals such as black beans, Qznfl (a bunch of cloves), white frankincense or horse radish are recommended for urinary disorders. A mixture of saffron, pellitory, cardamom, lavender, hemp, hellebore, white pepper and honey are listed for treatment of bladder stones. In this paper have been investigated valuable matters about prevention and treatment of the kidney, bladder and urinary tract disease in medical traditions.

**Methods and Materials:** in order to, we searched in sites and valid books, the methods of treatment of kidney, bladder and urinary tract in medical traditions and those collected in an article.

**Conclusion:** Instructions in this article about the prevention and treatment of Kidney and urinary tract diseases has been collected from the precious treasures of Islamic medicine and medicinal herbs that these have no side effects of chemical drugs and are easily available

**Keywords:** kidney, urinary bladder, hadith, narrative.

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