



Medical function of Sabr-e- Zard (Aloe Vera) in Qeshm

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Abstract:

Background and Purpose: Sabr-e- Zard (Aloe Vera) plant is hot and dry and native to Africa and are grown at south Iran. When the leaves are cut, Jelly of the plants placed outside has Specific pharmacological effect. First Egyptians were used this plant to treat wounds, burns and infections. From the 1930s onwards extensive scientific research on drugs and medicinal properties of the plant was done and gel filtration strange power of this plant to the treatment of wounds and burns approved. Aloe Vera in the world today is planted to treat a number of diseases of the digestive migraine to treat acne and burns. The knowledge that indigenous people have about their environment, especially plants is very precious so record and store the information that are rapidly disappearing, is necessary. The purpose of this study is evaluation of medicinal plants: Aloe plant as a medicinal plant of Qeshm Island.

Material and methods: In this research, by using the methods of observation and interviews, many years of knowledge they had, were collected and a variety of plants information, including plant characteristics, local treatment and traditional usages.

Conclusion : The results showed Despite the expansion of medical knowledge is still used in traditional medicine. As is common due to favorable climatic conditions this plant grown in different regions and consumed.

Keywords: sabr-e-zard, Aloe Vera, Illness, Indigenous knowledge, Qeshm

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