Traditional Iranian Medicine and Importance of Breastfeeding

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Abstract:

The significance of breastfeeding is stated in Traditional Iranian Medicine; it is also a high priority in current medicine. Even Avicenna provided some explanations on the importance of breastfeeding, and the measurements to be followed in the perinatal period. The current study considers the topic of breastfeeding in the sources of traditional medicine as the Cannon of Medicine (Avicenna), Zakhireh Kharazmshahi (Jorjani), Kholaseh Al-Hekmat (AghiliKhorasani), and Hefz-o Sehat (Naserol Hokama).

Keywords: Breastfeeding; Infant; Traditional Iranian Medicine.
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