



## Survey Effect Acupressure on Gag Reflex

Sh. Naser Mostofi, N. Valaii, F. Blouch, S. Kordi

### Abstract:

**Background & Purpose:** Gag reflex is with beginning of some diagnostic tests and or treatment. According to some reporting of traditional medicine based on effect acupressure and acupuncture on amount of gag reflex and reporting two cases of success traditional medicine on amount of gag reflex and no reporting of its experience in the country, in this study effect of acupressure was carried out in 2013 on those who have had nausea during clinical examination using Absolang.

**Materials & Method:** study was done by method of clinical trial and its prepare was reported as short communication and the examined society those who had reflex during palpation with Absolang. Amount of reflex was performed by standard of vigesimal Glasgow Scale. These patients categorized to three groups observer (without palpation), empirical group1 (with palpation body PC6) and empirical group2 (with palpation and press above part of body) and changes of reflex ranking was performed in three groups with Kruskal-wallis Test.

**Results:** 28 individuals were investigated. Amount of changes reflex ranking have had in observer group  $0 \pm 0$  and in empirical group 1 equals  $3/75 \pm 2/87$  and in empirical group 2 equals  $10/2 \pm 7/8$ .

**Conclusion:** according to results of this study it seems that traditional medicine of press palpation decrease reflex, given this is a Short Communication we recommend more research on samples as well as on other parts of body that are in traditional and Islamic medicine.

**Keywords:** Gag Reflex, traditional medicine, Islamic Medicine, Acupressure

Corresponding Author: dr\_mostofi1967@yahoo.com