



Evaluate the effectiveness of honey in chronic rheumatoid arthritis

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Abstract:

Introduction: Experience has proved more stolid Djar disease, rheumatoid arthritis are the texts of medicine today, the etiology of this disease, impaired immunologic know that destroys Joint (rheumatism) is medicine's treatment against the immunosuppressive drugs like steroids, NSAIDs destruction. Rheumatoid arthritis is a disease and Nahl chapter 68 verse of holy Quran it has been stressed.

Results: The findings point to some of the 1 - primarily in traditional medicine to treat cold foods such as dairy especially yogurt and bread without bran. 2 - Use of animal and plant natural products that are hot Msamat blockers (Hungarian entry of toxins in the body's circulation to members) are like honey, cumin, and chamomile. 3 -Complementary therapies, such as cupping, cupping with blood, Depletion. 4 - Use of new generation anti-inflammatory drugs or corticosteroids (inhibitors (Cox2 Clcoxibe and Immune suppressor such as Methotrexate.

According to research done Honey contains 80 factor is beneficial to human health. In addition, bee therapy in those with rheumatoid factor (+) and new forms of drugs, including injections, ointments containing compounds in honey has an important impact on rheumatoid arthritis.

Discussion&Conclusion: Treatment of rheumatoid arthritis requires additional treatment such as honey is a healing method. So we can say that this verse of the Quran "68 of Nahl" is aimed, is to confirm that the doctors and and the previous holy book of Islam.

Keywords: Rheumatoid arthritis, Traditional medicine, Honey, Methotrexate, Herbal Medicines

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