



Umbilicus dislocation in the view of Iranian Traditional Medicine

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Abstract:

Background and Purpose: Umbilicus dislocation is a famous disease among the people. But this disease has been explained less in Iranian Traditional Medicine (ITM)'s manuscripts. So, we decided to collect the contents related to umbilicus dislocation.

Methods and Materials: This is a library article that studied umbilicus dislocation in ITM's references. This study was searched definitions, causes, symptoms, signs and treatments of umbilicus dislocation.

Results: Umbilicus dislocation has been expressed "Taharok-e Sorre" or "Soghoot-e Sorre" in ITM. Umbilicus dislocation has expressed by various symptoms and signs. Treatment of umbilicus dislocation consists of food policy, drug policy and manual tasks like the other diseases in ITM's school.

Conclusion: In ITM's point of view seems that the recommendations of avoiding intense, strong and fast movements cause maintaining health in line to not having umbilicus dislocation.

Keywords: umbilicus dislocation, taharok-e sorre, soghoot-e sorre, Iranian Traditional Medicine.

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