Evaluation of awareness and satisfaction using cupping, Kermanshah, 2013

A. Sharifi, J. Rezaei, Kh. Moradi, A. Almasi, L. Ebrahimpourian, R. Norouzinia*

Abstract:

**Background and Purpose:** Cupping is a branch of the alternative medicine for treatment and prevention of disease. Due to increasing to use such methods by popular, the goal of this study was determined persons, knowledge and satisfaction of cupping in Kermanshah city.

**Methods and Materials:** This descriptive cross-sectional study was performed on 270 clients who had referred to the cupping centers in Kermanshah in 2013. Persons were selected according to available sampling. The tools to collected data were valid and reliable researcher developed questionnaire with a total of 30 questions in three areas, including the indications, cupping rituals and satisfaction. The obtained information was analyzed by using Spss18 software and descriptive, analytic statistics.

**Results:** The mean age 54.4 + 6.6 years. 71.5% of men and 28.5% women, 81% had undergraduate university education level. Before and after cupping care not desirable and 80.4% of the persons were low to moderate knowledge about the cupping. But medium to high satisfaction rate observed in over 84%. No significant statistical relationship was found between awareness and satisfaction while awareness decreased with increasing age (p <0.001).

**Conclusion:** Due to the lack of awareness about the indications and cupping rituals is recommended while public education by experts about the rules and indications of cupping, comprehensive research be performed on the effectiveness of cupping on various diseases.

**Keywords:** Awareness, Cupping, Satisfaction, Alternative medicine

Corresponding Author: Norouzinia.r@gmail.com