Comparative description of Amla in traditional medicine and new studies

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Abstract:

Amla with scientific name "Phyllanthus embelica" from Euphorbiaceae family, has widely been used in traditional medicine in India and Iran for the treatment of various diseases including gastrointestinal disease, neurological diseases, eye diseases, heart and this plant is named "Amolaj", repeated again and again in Traditional Medicine books and its fruit is the usage part. From Views of philosophers temperament is cold and dry and it is very astringent. In addition, in many compound drugs, including Itrifall drugs along with other medications are used to treat many diseases. This article introduce amla based on the properties of traditional medicine and new findings based on these properties, and matching these with Phytochemistry to demonstrate that the plant Phyllanthus embelica is amla in traditional medicine and can be considered as a certificate for this plant.

Keywords: Amla| Iranian Traditional Medicine| phytochem| Etrifel| Nooshdaru.

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