Reasons for increasing appetite from the perspective of Iranian Traditional Medicine

P. Shirooye*, O. Sadeghpour, E. Nazem, M. Keshavarz

Abstract:

The stomach is responsible for appetite and it does the first stage digestion. So body health is dependent on the stomach function. One sign of the stomach function is how the quantity of appetite. On the other hand, the causes of increasing appetite remain one of the problems and unknown parameters in Conventional Medicine. Therefore we decided to examine the causes of increasing appetite from the perspective of Iranian Traditional Medicine.

This is a review article that studies the reasons for increasing appetite in Iranian Traditional Medicine's references.

Appetite is result of two forces that are named natural and sensual. Ibn al-Nafis al-Qarshi Devided the causes of increasing appetite into three categories in the explanation of Qanoon. That includes: increasing the feeling of emptiness in stomach fam, increasing the feeling of soada function in stomach fam, increasing the feeling of emptiness and soada function in stomach fam. He explained each of them widely. Study the causes of increasing appetite is a simple, cheap and available tool for achieving how the stomach and whole body function. So considering to it has a great value.

Keywords: appetite, increasing appetite, Iranian Traditional Medicine, Ibn al-Nafis al-Qarshi.

Corresponding Author: pshirooye@yahoo.com