**Abstract:**

Introduction: God in the Qur'an in eleven nahl sura have been iteration says "We the olives, dates, grapes and many fruits have made unto you and all of these are strong signs in research and thinking about it please", approach to the study were seen of ideas mentioned by the Qur'an and its proven scientific effects of modern science.

Materials and Methods: Research source was quran book translation by ayatollah Makarem Shirazi and the method of content analysis and check it is with scientific resources.

Conclusion: Academic resources shows that plants of the ginger, dates, olives and grapes in their holy book Quran has taken a useful therapeutic effects in the treatment of metabolic disease and the complication is that modern science, or in decades recent findings or treatment for those still it is unable to treat.

**Keywords:** Quran, aesthetics,quranic medicine, medicine sciences

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