

Relationship between Emotional and Psychological disorders on infertility from the past to present.

E. Akhtari*, M. Tansaz, R. MokaberiNejad, S. Bios

Abstract:

Infertility and its complications is one of the main problems in human's today life. The high prevalence of infertility and the long process of manage it; make it harder with a load of emotional and financial complications. So it has lots of psychological problems too.

This study try to review the connection between psychological factors and infertility as two factors that effect on each other. To this end we carefully evaluated the available Iranian Traditional books such as Al-Qanun, Kamel al-sena'eh, Zakhireh Kharazmshahi, Exir azam, Moalejat Aghili and classic references too.

It seems that the theory of the role of main organ in Iranian traditional medicine in infertility and the role of psychological effects on main organ give us a theory. So not only psychological effects are a complication for infertility and the process of manage it, but also they can make infertility. By the way Iranian traditional medicine explained psychological problems as cause for infertility

psychological effects such as happiness and unhappiness fear and anxious have a main role in human"s health, therefore a good control on them can mange many problems even infertility.

Keywords: Psychological effects, infertility, Iranian Traditional medicine

Corresponding Author: elham_akhtari@yahoo.com