

## Mohammad ibn Zakariya al-Razi's thoughts on knowledge of Hygiene

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## Abstract:

**Introduction**: The problem investigated in this paper is to introduce ideas Zakaria Razi In the field of Hygiene, this knowledge is in practical medical knowledge of Muslims. And In order to maintain a healthy body tries to offer solutions. Importance and priority disease prevention in Islamic medicine, Void that was felt in this field of research, As well as Extensive and valuable teachings but also scattered in the works of Muhammad ibn Zakariya Razi, Has encouraged researchers to summarize and present these teachings in the context of this article.

**Materials and Methods:** This paper has attempted to review the medical resources on the remains of Zakaria Razi, the physician's opinion is described in terms of Hygiene. his ideas can be described in terms of sanitation, Examples of each of the six principles of good health, issues related to poor hygiene and policy bodies, from every one of these works have been collected and are being analyzed.

**Conclusions**: The authors strongly recommend that researchers could review more broadly., Not only in the field of Hygiene and Zakariya Razi, but also in other branches of medicine and doctors of ancient Islamic civilization.

Keywords: Zakariya Razi, Hygiene, thought

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