



## The Review of attributes of pomegranate in view of Iranian traditional medicine and Modern medicine

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### Abstract:

**Background and Purpose:** In traditional medicine of Iran has explained the detail of benefit and damage of plants. The pomegranate is one of the plants have noticed in traditional medicine in Iran. It has prescript for prevention, treatment and controlling of diseases. This essay has research the attributes of some part of the pomegranate in parts of the human body .From this view we compare traditional medicine with modern medicine.

**Methods and Materials:** In this essay we have research with some original books In Iranian traditional medicine, such as: Canon of Medicine, makhzan ol advieh, Tohfatommenin, ashamel, kholasatolhekmat about attribute of pomegranate. And even we derivate some science essay in source information like: Google scholar PubMed. It has discussed and searches the property of this valuable plant.

**Conclusion:** According of some experiences in last hundred years and new knowledge, pomegranate can use for treatment of very diseases alone or as complementary treatment.

**Results:** In traditional medicine .pomegranate is a plant that has different parts like: fruits, leaf, and stem. Root which are very valuable in medicine. This property is in all kinds of the pomegranate: Such as sour pomegranate, sweet and sour-sweet ones. That we have called: gabs According to Iranian medicine, every material that has gabs cause invigoration. If this material enter in every organ of body invigorate it and prevent to enter poison in its pomegranate causes invigoration of stomach, prevention of liver bleeding, healing of wound ,prevention of cause some headaches associated with brain ,improvement of some diseases in ears and throat and nose, remove some post nasal discharges , anti-allergic , anti-heart diseases, anticancer, anti-inflammation effects ,control of diabetes and cure some skin problems.

**Keywords:** pomegranate, Iranian Traditional medicine, Modern medicine, Gabs Property.

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