



Examining the role of the Embodiment in the realization of cognitive abilities from Ibn Sina's point of view

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Abstract

Ibn Sina, a renowned philosopher and physician, made significant contributions to both fields. His medical expertise informed his philosophical inquiries, particularly regarding the role of embodiment in cognitive abilities. One of these issues is how embodiment plays a role in the realization of cognitive abilities. By analyzing Avicenna's works and adopting a descriptive and analytical approach, this article has concluded that according to his philosophical and natural foundations, he has considered the existence of a body with the appropriate quality of temperament, a necessary precondition for the realization of various cognitive abilities, such as intellectual perceptions, and he has presented different experimental evidences including the dependence of the development of cognitive abilities on the development of temperament of body, the relationship of body appearance with the perfection of cognitive abilities and the effect of temperament problems on cognitive abilities, to confirm the effect of the quality of temperament on the functioning of different cognitive abilities. In addition, it can be deduced from his books that the existence of a body with the ability of interacting with the environment and moving around objects is essential. In Avicennian philosophy, psychological and neurological issues are closely intertwined with philosophical concerns. Ibn Sina's multi-dimensional approach to investigating cognitive perception offers a valuable perspective for further exploration, and the detailed examination of such an approach will be the goal of this article.

Keywords: Complementary therapies; Cognition; Avicenna; Mind-Body therapies; Temperament

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