

Assessment of causes and treatment of bloating from the perspective of Traditional Persian Medicine

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Abstract:

Background and Purpose: Despite of the high prevalence and rising trend of bloating, its causes and treatment are still unknown in modern medicine. In this circumstances, two questions arise: “what are the causes of bloating from the perspective of traditional Persian medicine” and “what is the suggested treatment?”. This study has been conducted to answer these questions.

Methods and Materials: This study has been conducted as a library method.

Results: Various causes for bloating creation have been mentioned in the Traditional Persian Medicine manuscripts and each treatment has been explained separately. These can be well adapted and applied for today’s patients with boating.

Conclusion: Due to modern medicine failure in the expression of etiology and treatment of bloating, it is necessary to get help from traditional Persian medicine recommendations to determine bloating causes and treatment.

Keywords: Bloating, Traditional Persian Medicine, Causes, Treatments, Stomach.

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