Importance and Value of Using Religious References and Texts in Treatment of Diseases

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Abstract:

Religious texts, especially those of the Islam, are important and valuable sources that guide people in health maintenance and treatment of disease, and should receive particular attention.
Since these sources originate from the words of the Almighty God, the Prophets, and the Emams, they have firm foundations. It is evident that paying attention to and understanding these texts can be helpful in attempts to improve health and treat diseases. In Islamic texts such as the Holy Quran, Teb-ol Nabi, Nahjol Balagheh, Teb-ol Sadegh, and Teb-ol Reza, there are several topics on health and treatment of disease. Each of these topics requires through and careful investigation.
The current study introduces few cases on health topics in Islamic texts to emphasis the importance of considering these resources in health maintenance and treatment of diseases.
It is obvious that understanding of practical and clinical use of the recommendations require systematic basic and clinical studies. We hope that in future paying attention to these religious resources can help man to improve his health and quality of life.

Keywords: Islamic medicine; Teb-ol Nabi; Quran; Nahjol Balagheh; Religious references.
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