



Dandruff (Hozaz) from the view point of Iranian Traditional Medicine

M. Emtiazy, S. tavakoli*

Abstract:

Background and Purpose: Dandruff is a chronic illness which most people suffer from during their life time. Unfortunately there is not a definite treatment to eradicate the problem and classical medicine recommends periodical treatments to control it. Therefore, in this review study, causes of the illness and singular medications, recommended by traditional and conventional medicine have been gathered.

Material and methods: the research was conducted in library method. 10 authoritative texts of Iranian traditional medicine and the application of “Noor” source and new scientific references and 5 new articles related to scalp, were selected and investigated and reported.

Conclusion: There are around 40 different singular medications among which 25 have been recommended in all documents. By clinical trial we hope to obtain better treatments for the illness.

Keywords: Dandruff, Seborrheic dermatitis, Hozaz, Iran’s traditional medicine

Corresponding Author: h_kargar_eng@yahoo.com