Sabr

Medicinal Plants Section, Islamic and Traditional Medicine Department,
Iranian Academy of Medical Sciences

Abstract:

Saber is a popular plant in Iranian traditional medicine, recognized with different names such as Sabara, Fiqara, and Alwa. The leaf dried latex has been identified as Sabr-e-Saqoutari, Sabr-e-Arabi, and Sabr-e-Semenjani. In Iranian traditional medicine, Saber is used as the cathartic of humors of different organs; especially head, stomach, and joints. Considering the botanical description of the plant in traditional medicinal and pharmaceutical resources, Saber can be complied with *Aloe vera* L., from the Liliaceae family.

Keywords: Traditional Iranian Medicine; Sabr; Alwa; Sabara; Liliaceae.
Corresponding Authors: Gh. Amin, M. Khanavi, A.M. Taleb
Emails: amin@tums.ac.ir, khanavim@sina.tums.ac.ir, taleb@behdasht.gov.ir

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