



## Relief pain and the Mechanism of action of analgesic drugs in Iranian Traditional Medicine

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### Abstract:

Pain is the first sign of many diseases and is the most common cause of consulting the doctor. Throughout the history, physicians have been trying to find a rapid and certain way of relieving the pain. In this study, pain mechanisms including variable temperament and loss of continuity were analyzed from Iranian traditional medicine perspective. Furthermore, sedative drugs were categorized into true and untrue drugs.

True drugs tend to overcome diseases and promote recovery, while the untrue drugs lead in relieving the pain temporarily with two mechanisms either moistening and to put to sleep or narcosis. The indications and the method for using these drugs are determined by the severity of the pains, the patient's tolerance, and the involved organ.

It seems that the recognition of the main cause of pains with different origins and the true drugs to relieve them can decrease the use of sedative and narcotic drugs which are expensively consumed orally or as an intravenous injection.

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