



Comprehensive Theoretical overview of Natural things(Tbyyh Affairs) in Iranian traditional medicine

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Abstract:

Introduction: Development of complementary medicine in the world, requires a detailed understanding of the fundamentals, principles and application of the right of the word, is inevitable. This study aimed to comprehensive review of the natural things in foundations of traditional medicine have been done.

Method: This research study aims to collect an overview of theoretical principles of Iranian Traditional Medicine (Tbyyh Affairs) and the relevant texts from the Internet (Google, SID.ir, MEDLINE, Magiran, Iranmeddex) with the keywords, foudations, Iranian Traditional medicine in original references in Iranian Traditional medicine was done.

Discussion: Theories and concepts of prevention, detection, recovery and treatment of diseases in traditional medicine based on holistic approach to the patient. Disorders in traditional medicine in the areas of physical, emotional, mental, spiritual and environment are treated simultaneously. In this study, the definition of medicine from the perspective of Iranian scientists, the characteristics of traditional medicine, traditional medicine theory and concepts, definitions of health and illness, factors affecting view of physicians of Iranian history, the issues that they intended to medicine.

Conclusion: Holism -oriented philosophy of traditional medicine is a key element in all cases, So while writing in the field of traditional medicine (both herbal medicines and treatments based on traditional methods) to theories and concepts and use them in any kind of traditional medicine and cultural background to be considered. According to the theories and concepts of traditional medicine, prevention, detection, recovery and treatment is often based on specific needs of each patient is individually.

Keywords: Natural things ,Foundations, Iranian traditional medicine.
